

TRAINING EQUIPMENT

Contact Pads

RAM - CONTACT PADS

Manufactured from a one-piece high density foam with durable PVC covering.



Wallaby -
wrap around



Watch -
the very best
protection for
elbow and legs

For all these
models allow up to
4 weeks delivery.

**Made in
UK**



Curved Shield



Hit & Spin



The 'Kiwi'
Extended

TRAINING EQUIPMENT

Contact Pads

Made in UK

**GREAT PRICES &
IMMEDIATE DELIVERY
AVAILABLE ON
SINGLE WEDGE &
DOUBLE WEDGE
CONTACT PADS**



Single Wedge -
world's most
popular shape



Carry bag to take 6 single
wedge contact pads ▲



Double Wedge

Email: sales@ramrugby.ie

www.ramrugby.ie

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Please note that ALL prices shown in the catalogue are subject to VAT and delivery at cost.

TRAINING EQUIPMENT

Contact Pads

RUCK 'N' ROLL

13 Junior

14 Senior

Ram's revolutionary ergonomic designed pad features two sets of handles in two different positions for extra versatility meaning that the driving/target area can be changed simply by the holder rolling the pad against his/her body for the desired angle.

Primarily designed to coach clearing out at the ruck drills, it will also develop head-on dip and drive tackling technique.

Prior to bringing to the market the "ruck 'n' roll" pad has undergone extensive testing at the highest level.



Junior



Senior

15 MONSTER RUCK 'N' ROLL

Used for rucking, clearing and mauling drills.

Player lies beneath Monster, holding ball as Monster arches over to simulate player covering ball, minimizing risk of injury.

Improves rucking and clearing techniques to ensure correct methods for body positioning, conditioning and resistance in contact areas.

Monster

"There is no comparison between Ram Tackle Bags and bags we have bought in the past from other suppliers - Ram are simply much higher quality"
Richard Warrend
Club Administrator
Sedgefield RUFC



TRAINING EQUIPMENT

Contact Pads - Pricing Matrix

CONTACT PADS	CODE	APPROXIMATE SPECIFICATIONS				1-5	6+
		WEIGHT	HEIGHT	WIDTH	DEPTH	€	€
1 The 'Wallaby' Wrap-Around Junior Pad	2320	3kg	24"	28"	7"	53	50
2 The 'Wallaby' Wrap-Around Senior Pad	2321	4.5kg	36"	28"	7"	76	72
3 Watch Junior	2331	2kg	44"	20"	5"	55	53
4 Watch Senior	2332	4kg	52"	24"	6"	72	69
5 Curved Shield - Junior	2333	2.5kg	24"	13"	5"	35	33
6 Curved Shield - Senior	2334	4kg	34"	17"	6"	54	52
7 Hit & Spin	2328	2kg	32"	19"	7"	46	43
8 The 'Kiwi' Extended Pad	2325	3kg	39"	18"	6"	55	53
9 Club/Youth Pad*	2323	1.5kg	24"	13"	5"	33	31
10 International Pad*	2324	2.5kg	32"	17"	6"	47	45
11 Double Wedge Pad - Junior*	2326	2kg	32"	13½"	5"	36	32
12 Double Wedge Pad - Senior*	2327	2.5kg	36"	14½"	7"	53	49
13 Ruck n Roll - Junior	2336-J	2kg	24"	14"	8"	57	51
14 Ruck n Roll - Senior	2336-S	5kg	30"	15"	9"	73	69
15 Ruck n Roll - Monster	2337	12kg	52"	17"	14"	159	152
16 Carry Bag for Contact Pads (holds 6 International pads)	2336-M	—	—	—	—	27	24

Standard colour Black with Green or Purple trim.

Other colours available FOC for 6+ quantities per item. Allow 4 weeks for delivery.

TRAINING EQUIPMENT

Tackle Bags

TACKLE BAGS - RAM

Manufactured from a one-piece high density foam cylinder with durable PVC covering.

Made in UK

2 & 3
are available
for immediate
delivery



UNIQUE RAM RIDGE

Turns your tackle bags into a more functional piece of training equipment.

- Eliminate tackling too high by forcing the tackler to tackle below the ridge.
- Helps train for big hits with players hitting hard and then driving-up on the ridge.

The ridge is slipped on to existing 14", 16" or 18" diameter tackle bags and then positioned on the bags to suit.



← The Ram Ridge

TACKLE BAGS	CODE	WEIGHT (approx)	SIZE	1-5 €	6+ €
1 Rambo*	2341	30kg	60" x 18"	150	145
2 Senior*	2342	20kg	54" x 18"	120	115
3 Youth*	2343	15kg	52" x 16"	108	101
4 Mini*	2344	10kg	48" x 14"	80	75
5 Ridge	2345	—	14", 16", 18"	34	30

*Standard colour Black. Other colours available FOC for 6+ quantities per item.

NEW

RAM ROLLER TACKLE BAGS

- More realistic, as tackle a moving object either head-on or from behind or from the side
- Safe, robust construction, using reinforced PVC outer with high impact, absorbent, solid foam cores of varying densities for the different age groups
- Players must accurately judge distance, speed and timing as tackling a moving object. This will improve technique and co-ordination
- Great fun for kids

Colours: Orange with black surround



Order 12+ and we will produce the Ram Roller Tackle Bags in your club or school colours at no extra cost

	APPROX WEIGHT	HEIGHT	FOAM DENSITY	COLOUR	1-5 € each ex. VAT	6+ € each ex. VAT
Junior (7-13)	10kg	1 metre	Medium	Orange/Black	150	140
Senior (14+)	15kg	1 metre	High	Orange/Black	165	155



Head-on



From behind



From side



Head-on



From behind



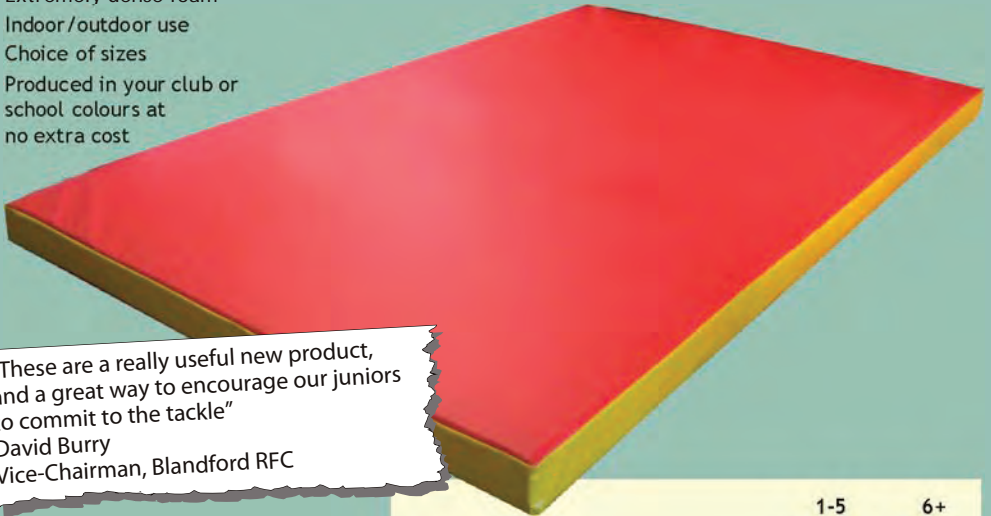
From side

NEW

CRASH MAT

Avoid injuries when tackling with the superb crash mats from Ram.

- Extremely dense foam
- Indoor/outdoor use
- Choice of sizes
- Produced in your club or school colours at no extra cost



"These are a really useful new product, and a great way to encourage our juniors to commit to the tackle"
 David Burry
 Vice-Chairman, Blandford RFC

	CODE	1-5 € each	6+ € each
8' long x 5' wide x 4" deep	2250	235	215
8' long x 5' wide x 8" deep	2251	395	375

PERSONALISATION OF CONTACT EQUIPMENT

For any combination of 12 Contact Pads, Tackle Bags, Crash Mats we will print your Club/School logo for a one colour set-up cost of only €45 and €2.00 per print.

